



Discover our massages

Do something good for your body so that your soul feels like living in it.

Wellness massages

Head and neck massage	30 minutes 36,00 €
Back and neck massage	30 minutes 36,00 €
Leg massage	30 minutes 36,00 €
Full body massage	60 minutes 66,00 €

Full body peeling

This treatment which exfoliates the skin on your body leaving it feeling fresh, smooth, moisturised and soft. An abrasive product is rubbed vigorously, and massaged across and into your skin, and is then rinsed away to reveal a moisturised layer of fresh, clean and smooth skin.

This treatment can perfectly be combined with other massages

20 minutes | 30,00 €



Foot Reflexology Massage

The foot reflexology massage is a very popular massage technique. The reflex zones are specifically addressed during this foot treatment and tension is released throughout the entire body.

30 minutes | 36,00 €



Full body oil treatment

Deep recovery for body and soul: whether calming and harmonising, warming and releasing or refreshing and revitalising. You select the purely natural aroma oil according to your own preferences for these soothing massage rituals and allow yourself to be pampered by this aroma.

15 minutes | 20,00 €



Exotic herb temple massage

The herbal spa massage derives from an age-old Siamese healing tradition. A bouquet of fine, select herbs wrapped in a linen cloth glides softly over the skin. You can feel the warmth and vigor of Siam's natural vitality spreading over your skin. Tender loving care as if from an herbal paradise. Promotes circulation, releases muscular tension and pampers the spirit. Your body will be rejuvenated, your senses indulged.

30 minutes | 45,00 €

60 minutes | 76,00 €



Lomi Lomi

This Hawaiian massage of the shamans is best described as being like hands dancing on and with your body. Experience a gentle and deep feeling of calm throughout your whole body through pleasant pressure, stretching and harmonious stroking. Experience a new consciousness of your body and make contact with the original state of being.

60 minutes | 78,00 €



Hot-Stone-Massage

The gentle energy of the “hot” stones gliding over the skin produces especially pleasant thermal effects in the body. Blood circulation and tissue function are stimulated and the lymph flow enhanced. Tensions vanish, vital energies are set free and many bodily functions feel a beneficial effect. New vigor is created from the energy of the stones.

30 minutes | 38,00 €

60 minutes | 75,00 €



„singing bowls“ massage

The stresses of everyday life, the unrest in the daily operations of interfering with the vibrational patterns of the cells or energy centers of our body. These disorders affect our body adversely and weaken him. The sound of singing bowls associated with the resulting vibrations restore order, symmetry and harmony in the troubled rhythm of the body's cells.

30 minutes | 40,00 €

60 minutes | 75,00 €



Lava-Shell-Massage

This massage offers an idyllic treatment combining the warmth of the shells with deeply relaxing massage techniques, creating a sense of balance to the entire body and mind.

60 minutes | 78,00 €



Taping

Useful treatment for pain relief, blockades and postural damages. Flexible tapes are applied directly to the skin and the blood and lymphatic circulation is increased.

30 minutes | 35,00 €



Cupping Therapy

Cupping therapy is an ancient form of alternative medicine in which a therapist puts special cups on your skin for a few minutes to create suction. People get it for many purposes, including to help with pain, inflammation, blood flow, relaxation and well-being, and as a type of deep-tissue massage.

30 minutes | 38,00 €

60 minutes | 72,00 €

